

CB/JMB  
5<sup>th</sup> September 2024

Dear Parent/Carer

### **National School Breakfast Programme**

It is important for students to start the day with a nutritious breakfast. The evidence shows that providing a healthy school breakfast at the start of the school day can contribute to improved readiness to learn, increased concentration, and improved wellbeing and behaviour.

St Michael's was successful in its application to be part of the National School Breakfast Programme. This means we receive a subsidy for the food and delivery costs of breakfast provision. As such, we offer a free breakfast bagel at the canteen from 8:00 am until 8:30 am throughout this academic year. All breakfast products offered through the programme meet the [school food standards](#).

The bagels will be offered on a first-come, first-served basis, so your child should make sure that they arrive at 8:00 am to get their breakfast bagel. They must enter the building through main reception and remain in the canteen area until 8:25. During this time, the use of mobile phones is not permitted.

Yours faithfully



Mr C Bending  
**Assistant Headteacher**  
KS3 Standards, Assessments and Outcomes | KS4 Guided Pathways

Headteacher: **Mrs C Handy-Rivett, BA (Hons), MA, NPQH**

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ST MICHAEL'S  
Church of England High School



# BREAKFAST CLUB

*National School Breakfast Programme.*

**SERVING FREE BAGELS IN THE CANTEEN FROM 8:00AM**

START THE DAY WITH A NUTRITIOUS BREAKFAST.  
EVIDENCE SHOWS THAT PROVIDING A HEALTHY SCHOOL BREAKFAST AT THE START OF THE SCHOOL DAY CAN CONTRIBUTE TO IMPROVED READINESS TO LEARN, INCREASED CONCENTRATION, AND IMPROVED WELLBEING AND BEHAVIOUR.

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