



PSCE/RSHE Learning Journey

Year 7



SKILLS DEVELOPED **TEAMWORK & LEADERSHIP** **PUBLIC SPEAKING** **PROBLEM SOLVING** **CREATIVITY & INNOVATION** **DECISION MAKING** **RESILIENCE & STAYING POSITIVE** **PLANNING & ORGANISATION** SKILLS DEVELOPED

YEAR 8

Avoiding Gangs & Criminal Behaviour
Staying Safe Online
Online Gaming, Grooming & Addiction
Alcohol & Risk
Nicotine & Smoking
E-Cigs, Vaping and Shisha
Energy Drinks & Caffeine
Knife Crime and Safety

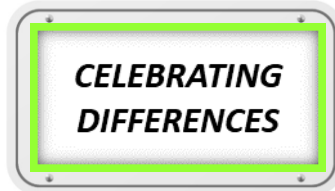


YEAR 7



Consent and Boundaries
Respect and Relationships
What Makes a Good Friend?
Friendships & Online Relationships
Being Positive
Pressure, Influence and Friends

What is Your Identity?
Multicultural Britain
Importance of Being Kind
Breaking Down Stereotypes
Learning Disabilities
Prejudice and Discrimination
Challenging Islamophobia



YEAR 7



Why is Politics Important?
How is our Country Run?
The Role of the Prime Minister
The Monarchy and King Charles III
Politics, Debates and Parliament
Elections and Campaigning
Creating a Political Party

Intro to Puberty
Puberty (Girls focus)
Puberty (Boys Focus)
Personal Hygiene
Growing Up and FGM
Assertiveness, Consent & Hormones
Self-Esteem
Tooth Decay & Dental Hygiene



YEAR 7



What is PSHE?
Getting to Know People
What is a Community?
Careers and Your Future
Sleep and Relaxation
Financial Education
Transition Points in Your Life

WELCOME

Year 7



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Year 8



SKILLS DEVELOPED

TEAMWORK & LEADERSHIP

PUBLIC SPEAKING

PROBLEM SOLVING

CREATIVITY & INNOVATION

DECISION MAKING

RESILIENCE & STAYING POSITIVE

PLANNING & ORGANISATION

SKILLS DEVELOPED

YEAR 9

Employability & Enterprise Skills
Proud to be Me
Careers & Aspiration
Self Esteem & Media
The Importance of Happiness
What Makes me Angry?
Exploring Careers



CAREERS

GATSBY
BENCHMARKS
- CAREERS -

PROUD TO BE ME!

YEAR
8

YEAR
8



STATUTORY
HEALTH
&
RSE

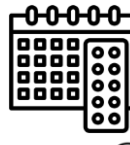
DANGEROUS
SOCIETY ONLINE &
OFFLINE

County Lines & Gangs
County Lines – Who is at Risk?
Substance Misuse
Cyber-Bullying
Grooming Boys and Girls
Alcohol Safety Education
Child Exploitation and Online Protection

GANGS

Introduction to Relationships
Being Yourself & Self-Love
Healthy Respectful Relationships
What is Love?
Dealing with Conflict
Periods & Menstrual Cycles
Introduction to Contraception
Sexual Orientation

STATUTORY
HEALTH
&
RSE



IDENTITY,
RELATIONSHIPS,
& SEX
EDUCATION

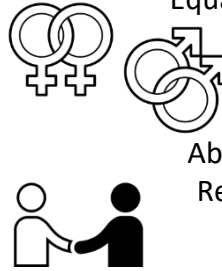
YEAR
8

YEAR
8

EQUALITY &
DIVERSITY
EXPLORED

CITIZENSHIP

EQUALITY



Equality Act & Protected Characteristics
LGBTQ+ What is it?
Rights Across the World
Gender Equality
Ableism and Disability Discrimination
Removing Barriers & Equality for All
Racism & Discrimination

YEAR
8

Desert Island living
Building community spirit
Decision making & constitution
Criminal law & society
Law making process in the UK
Prisons, reform, & punishment



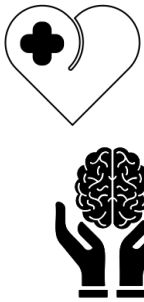
CITIZENSHIP

BRITISH VALUES

LAW, CRIME, &
SOCIETY

YEAR
8

PHYSICAL HEALTH
& MENTAL
WELLBEING



STATUTORY
HEALTH

What is Mental Health?
Positive Body Image
Child Abuse
Types of Bullying
Healthy Eating and
Cholesterol
Stress Management

WELCOME

Year 8



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YEAR 10

What is a Drug?
Different Types of Addictions
Cannabis Products
Drug Classifications
Party Drugs & Illegal Drugs
Exploring Illegal Drugs
Volatile Substance Abuse



STATUTORY HEALTH

DRUGS EDUCATION

LEGAL & ILLEGAL DRUGS

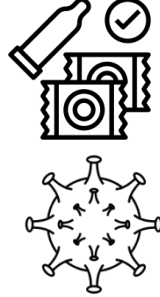
YEAR 9

YEAR 9

CONTRACEPTION & STI'S

CORE THEME 3

STATUTORY HEALTH & RSE



Treating STI's
Contraception - Methods Available
Contraception - Condom
Contraception Explored
Sexual Harassment & Stalking
HIV & AIDS
HIV - Discrimination & Prejudice

How Self-Esteem Changes
HBT – Bullying
Dealing with Grief and Loss
Media and Airbrushing
Cancer Prevention & Healthy Lifestyles



STATUTORY HEALTH

WELLBEING

BODY CONFIDENCE

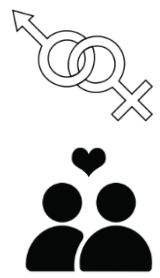
YEAR 9

YEAR 9

SEX, THE LAW, & CONSENT

CORE THEME 3

STATUTORY HEALTH & RSE



Sexual Consent
FGM & the Law
Relationships & Partners
Domestic Abuse & Domestic Violence
Why Have Sex?
Delaying Sexual Activity
What are STI's?

Conspiracies Theories & Narratives
Extremism in all its Forms
What is Terrorism?
War & Conflict
The Radicalisation Process
Counter Terrorism
Anti-Semitism in the UK



CITIZENSHIP

PREVENT

COMBATTING EXTREMISM & TERRORISM

YEAR 9

YEAR 9

ESSENTIAL LIFE SKILLS

CORE THEME 6

GATSBY BENCHMARKS - CAREERS -

FINANCE

ENTERPRISE & CAREERS



Resilience: Failure to Success
Assertiveness
First Aid
Saving and Managing Money
Labour Market Information
Finance, Budgeting, & Employment
Social Media & Online Stress

WELCOME

Year 9



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Year 10



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YEAR 11

Child Sexual Abuse (CSE)
Screen Time
Common Types of Mental Health
Self Harm
Suicidal Thoughts & Feelings
Promoting Emotional Wellbeing



WELLBEING

MENTAL HEALTH & WELLBEING

YEAR 10

STATUTORY HEALTH

YEAR 10



RISK

VIOLENCE, CRIME & SEEKING SAFETY

Honour Based Violence
Forced Marriages & Breast Ironing
Online Gambling
Social Media Validation
Modern Day Slavery
Keeping Your Data Safe
Causes of Knife Crime

Pleasure & Delaying Sex
Campaigning Against FGM
Sexting
Online Pornography (Myths vs Reality)
Porn and its Impact on Society
Unhealthy Relationships & Sexual Violence
Sexualisation of the media



EXPLORING RELATIONSHIPS & SEX EDUCATION

YEAR 10

YEAR 10

EXPLORING WORLD ISSUES

CITIZENSHIP

HUMAN RIGHTS



International Organisations
Peace, War, and Conflict
Human Rights During War
Aid & Supporting Countries
Striking & Trade Unionism
Women's Rights & Equality
Fairtrade & Free-Trade

Critical Thinking & Fake News
Hate Crime in the UK
Exploring British Values
British Values & Identity
Mutual Respect and Tolerance
Individual Liberty
What are Human Rights?
Democracy Explored



CITIZENSHIP
BRITISH VALUES

EXPLORING BRITISH VALUES

YEAR 10

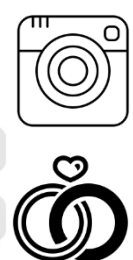
YEAR 10

RIGHTS & RESPONSIBILITIES

Life Beyond School

FINANCIAL EDUCATION

CITIZENSHIP



Instagram & TikTok Generation
Targeted Advertising
What is Marriage?
Rights & Responsibilities
Consumer Rights
Employment Rights
Exploring a Paycheck

WELCOME

Year 10

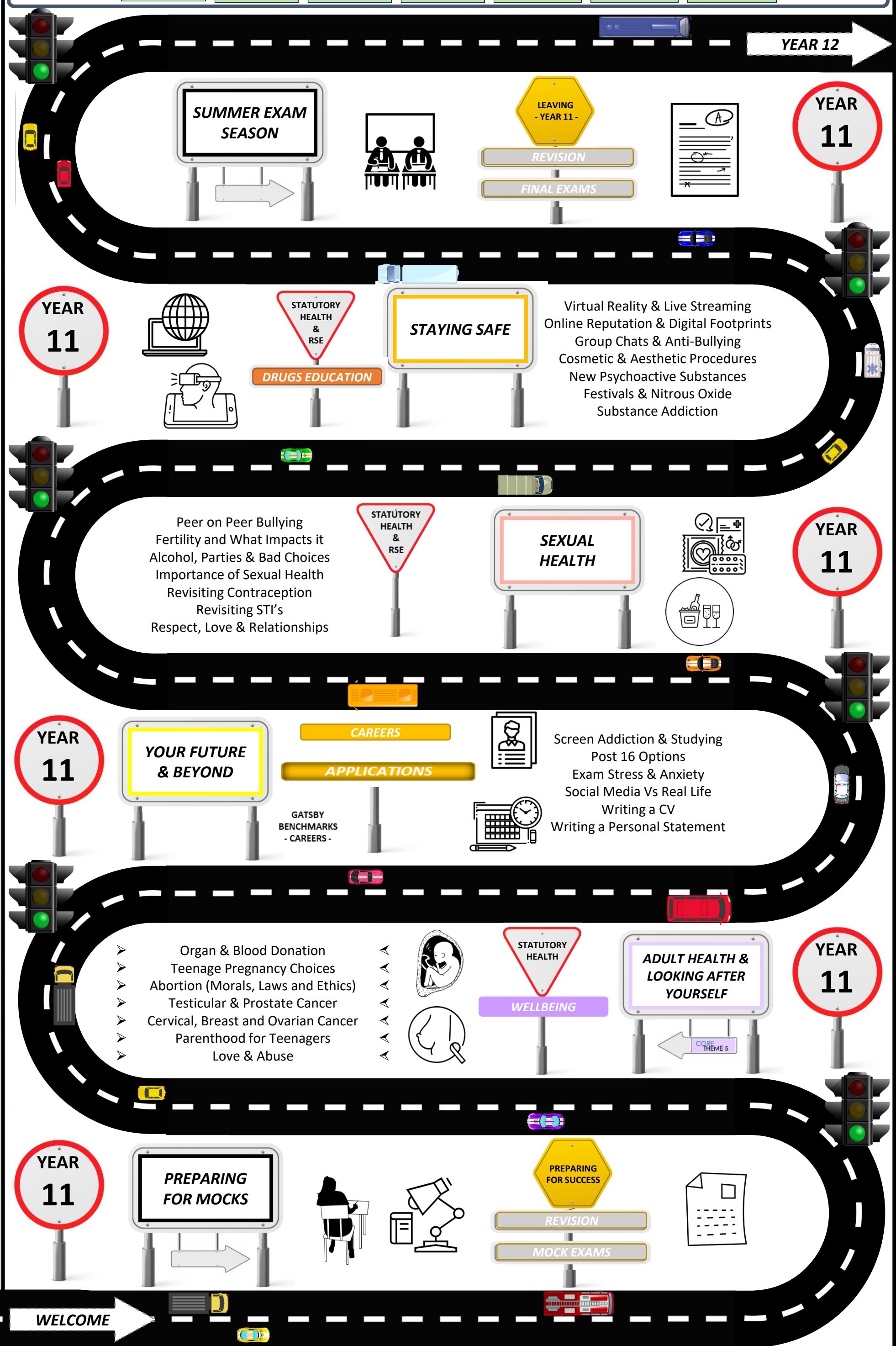


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Year 11