




WEEK 1 MENU

CHOICE
One

CHOICE
Two

GRAB & GO
OPTIONS

MON	Bangers and Mash Served with Peas and Gravy	Plant Based Sausages  Served with Mash, Peas and Gravy
TUE	Chicken Masala Naan with Crispy Spiced Potatoes and Mint Yoghurt Dressing	Roasted rainbow vegetables (GF)
WED	Roast Turkey (GF) with roast potatoes, broccoli & carrots	Crispy veggie pie
THUR	Siracha chicken burger (GF)	Plant Ball Marinara Melt  Served with Chipotle Wedges and Sweetcorn
FRI	Fish and chips (GF) served with baked beans or peas	Vegan Sausage Roll  Served with Chips, Baked Beans and Peas

WEEKLY SPECIAL

- **Roasted Indian Chickpea Salad**  •

SALADS:

Tuna and Sweetcorn Pasta Salad
Pesto Pasta Salad  

SANDWICHES/BAGUETTES:

Ham & Cheese Sandwich
Chicken, Lettuce & Mayo Sandwich
Cheese Sandwich 
Ham Baguette
Cheese & Tomato Baguette 

WRAPS:

Tuna Crunch Wrap 
Pepper and Houmous Wrap  

HOT DISHES:

Paninis
Pasta & Sauces
Freshly Baked Pizza
Love Joe's Mexican Burrito

WEEK 2 MENU

CHOICE *One*

CHOICE *Two*

GRAB & GO OPTIONS

MON	Sloppy Joe burger (GF)	Mexican Beef Tortilla Pie 🌿 🍷 🍲 Served with Wholegrain Rice
TUE	Chicken Katsu 🌿 Served with Wholegrain Rice and Peas	Roasted squash, chick pea & broccoli bowl 🌿 🍷 🍲 (GF)
WED	Honey roast ham (GF) served with mash, carrots & broccoli	Macaroni Cheese 🌿 🍷 with Pizza Pinwheel and Vegetables
THUR	Chicken Tikka Masala 🌿 🍷 Served with Wholegrain Rice, Mini Naan and Sweetcorn	Roasted Cauliflower and Chickpea Korma 🌿 🍷 🍲 Served with Wholegrain Rice, Mini Naan and Sweetcorn
FRI	Fish & chips (GF) served with baked beans or peas	Vegetarian Burrito 🌿 🍷 🍲 Served with Chips, Peas and Baked Beans

WEEKLY SPECIAL

- Moroccan Chicken Salad 🍷 •

SALADS:

Tuna and Sweetcorn Pasta Salad
Pesto Pasta Salad 🌿 🍷

SANDWICHES/BAGUETTES:

Ham & Cheese Sandwich
Chicken, Lettuce & Mayo Sandwich
Cheese Sandwich 🌿
Ham Baguette
Cheese & Tomato Baguette 🌿

WRAPS:

Tuna Crunch Wrap 🌿
Pepper and Houmous Wrap 🌿 🍷

HOT DISHES:

Paninis
Pasta & Sauces
Freshly Baked Pizza
Love Joe's Mexican Burrito

WEEK 3 MENU

CHOICE
One

CHOICE
Two

GRAB & GO
OPTIONS

MON	BBQ Beef Meatballs 🌿 ❤️ with Wholemeal Pasta, Pizza Pinwheel and Peas	Cauliflower Mac 'n' Cheese ♻️ 🌿 ❤️ with Pizza Pinwheel and Peas
TUE	Crispy Katsu Fish 🌿 Served with Wholegrain Rice and Peas	Vegetarian Chilli ♻️ 🌿 ❤️ Served with Wholegrain Rice and Peas
WED	Roast chicken & roast potatoes (GF) served with broccoli & carrots	Beetroot & feta burger (GF)
THUR	Chicken Shawarma 🌿 Served with Mexican Yellow Rice and Peas	Chinese Vegetable Noodles ♻️ ❤️ Served with Peas
FRI	Fish & chips (GF) served with baked beans or peas	The Veggie Dog ♻️ Served with Chips, Baked Beans and Peas

WEEKLY SPECIAL

• **Sweet Chilli Chicken Noodle Salad** •

SALADS:

Tuna and Sweetcorn Pasta Salad
Pesto Pasta Salad 🌿 ❤️

SANDWICHES/BAGUETTES:

Ham & Cheese Sandwich
Chicken, Lettuce & Mayo Sandwich
Cheese Sandwich ♻️
Ham Baguette
Cheese & Tomato Baguette ♻️

WRAPS:

Tuna Crunch Wrap 🌿
Pepper and Houmous Wrap ♻️ 🌿

HOT DISHES:

Paninis
Pasta & Sauces
Freshly Baked Pizza
Love Joe's Mexican Burrito