

CB/JMB
3rd January 2023

Dear Parent/Carer

National School Breakfast Programme

It is important for students to start the day with a nutritious breakfast. The evidence shows that providing a healthy school breakfast at the start of the school day can contribute to improved readiness to learn, increased concentration, and improved wellbeing and behaviour.

We are pleased to inform you that St Michael's has been successful in its application to be part of the National School Breakfast Programme. This means we receive a subsidy for the food and delivery costs of breakfast provision. As such, there will be a free breakfast bagel available at the canteen from 8:00 am until 8.30 am. All breakfast products offered through the programme meet the [school food standards](#).

As this is a trial initiative within school, breakfast bagels will be available for a limited period until April 2023, when the initiative will be reviewed. The bagels will be offered on a first-come, first-served basis, so your child should make sure that they arrive at 8:00 am to get their breakfast bagel.

Yours faithfully



Mr C Bending
Assistant Headteacher

Headteacher: **Mrs C Handy-Rivett, BA (Hons), MA, NPQH**

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BREAKFAST CLUB

National School Breakfast Programme.

SERVING FREE BAGELS IN THE CANTEEN FROM 8:00AM

START THE DAY WITH A NUTRITIOUS BREAKFAST.
EVIDENCE SHOWS THAT PROVIDING A HEALTHY SCHOOL BREAKFAST AT THE START
OF THE SCHOOL DAY CAN CONTRIBUTE TO IMPROVED READINESS TO LEARN,
INCREASED CONCENTRATION, AND IMPROVED WELLBEING AND BEHAVIOUR.

MERCY • INTEGRITY • CARE AND COMPASSION • HUMILITY • ACHIEVEMENT • EQUALITY • LEADERSHIP • SERVICE